



Girls Volleyball Clinic

Purpose: Introduction to the game of volleyball and fundamental skill development. Specific focus on passing, setting, hitting, blocking, serving and match play. The clinic is led by Hope Hoezee, Unity Christian Assistant Varsity Coach and coordinator of Cross-train Volleyball.

Date:

November 14th in the HCS West Gym

5th-6th grade: 8:30am-11:00am

7th-8th grade: 11:00am-2:00pm (will have a 15 minute break)

Sign-up deadline:

Please turn registration form with payment into the HCS office by **Monday, November 9th**

Cost: \$25.00

Checks payable to: **Cross-train Volleyball**

Student name: _____

Grade: _____

School attends: _____

Parent(s) name: _____

Parent e-mail address: _____

Parent Phone # _____

Waiver of Liability and Disclaimer: I, the parent/guardian of the Applicant, acknowledge that participation in athletic events necessarily involves risk of physical injury. In consideration for Cross-train's acceptance of my proposed registration form for the Applicant, requesting the Applicant's voluntary participation in the Cross-train volleyball clinic/league. I hereby release, discharge and hold harmless Cross-train, and each of its coaches and representatives from any and all future legal claims arising out of the Applicant's participation in the Cross-Train clinic/league, including claims based on physical injury allegedly caused by the negligence of any coach during the camp.

Parent signature: _____ Date: _____